

THE HUMAN

Emotion, Cognition & Behaviour

From one rebel to another...

Learning gives us

opportunities.

Opportunities give us choices.

Choices give us power.

Be the rebel!

Incepted in 2008, PunkPD works in partnership with individuals, teams and organisations to design and deliver bespoke & dynamic personal and professional development.

Using our unique Group Coaching methodology, we create learning experiences that challenge, excite, disrupt and engage.

Our core values are energy, excellence & tenacity. Our purpose is to make life easier for people through transforming their potential into living capability.

We are for the rebel thinker who is ready for something different.

As proud winners of the 2020 National Change Maker Award, get ready for the unexpected...

GET IN FOUCH

www.punkpd.com.au https://www.facebook.com/PunkPD https://www.linkedin.com/in/abbyrees Inquiries and enrollments: awesome@punkpd.com.au

Specialising in humans, we create dynamic designs for: Innovative facilitation & tailored training

- Individual, Team & Relationship Coaching
- Cultural Improvement
- Education & Change Strategies
- Public Speaking

NHOL



PUNKPD EXTENSIVES: OUR EXTENDED SUPPORT PROFESSIONAL DEVELOPMENT PROGRAMS

Our extended programs offer the opportunity for long-term growth and support. Our extended programs:

- Build communities and networks of like-minded professionals
- Provide frequent, timely support
- · Provide thought-provoking material over an extended period of time
- · Keep the learning 'front-and-centre' in the brain and increases integration into practice

REBEL LEADERSHIP

Rebel Leadership is designed for the curious leader who knows there's always more to know... Rebel Leadership will run from April-November and include 8 months of ongoing support and professional development. You can join at any time and enjoy self-paced access to all content. Designed to be accessible and engaging without being overwhelming (requiring too much of a time commitment), our Rebel Leadership program provides:

- 8 months of ongoing support
- Different monthly focus topics
- · New content provided each month through our PunkPD Academy which can be accessed anywhere, anytime
- Monthly live Group Coaching sessions with fellow Rebel Leaders-4th Tuesday of every month, 9-30-11:00am.

CAREER NINJA

In our extended version of Career Ninja, you can get support when you need it to always put your best foot

Career Ninja will run throughout the year with the first Coaching session in March. You can join at any time and enjoy self-paced access to all content. Designed to provide support when you need it, the

Extended version of Career Ninja provides:

- The option for self-paced learning through our PunkPD Academy or attend our one day intensive program in person
- Access live Group Coaching every month! This means, whenever you're ready to go for a new job, we're here to support you!
- Ability to get timely advice, troubleshoot, workshop an example, debrief on feedback you've been given, and gain oodles of confidence

Coaching sessions are scheduled for the 2nd Tuesday of every month, 3-4:30pm from March.

PUNKPD INTENSIVES:

OUR HALF DAY AND FULL DAY PROFESSIONAL **DEVELOPMENT PROGRAMS**

Our expert suite of intensive programs offer powerful deep-dive into your chosen area of professional development.

COACHING FOR HIGH PERFORMANCE

COACHING & MENTORING FOR LEADERS

Become the leader others want to follow! Coaching is a core skill for developing a contemporary workforce and a powerful tool for engagement and motivation!

THE NEUROSCIENCE OF TOUGH CONVERSATIONS

1 May 21 August 13 November 9:30-5pm

Build confidence to offer feedback, raise sensitive issues, manage conflict and engage in a range of tough conversations with an empowered voice!

THE CONSCIOUS LEADER

ENHANCING THE INVISIBLE SKILLS

3July

24 July

9:30-5pm

Enhance the often invisible but incredible powerful leadership skills that lift you from good to great.

9:30-5pm

27 November

9:30-5pm

CAREER NINJA

JOB APPLICATION AND INTERVIEW SKILLS

27 March Addressing all aspects of job applications and 31 July interviews. With brilliant tips and tools, you'll slay any fears you have and gain confidence in showcasing 6 November 9:30-5pm vour very best self!

MASTERING TIME

THE KEYS TO MAXIMISING YOUR ENERGY AND PRODUCTIVITY

Become the master of your own destiny by regaining 10 July control of your time, physical energy and cognitive capacity for ultimate impact! 9:30-5pm

MANAGING TEAMS IN CONTEMPORARY **ENVIRONMENTS**

17 April The 'distributed workforce' is the new normal. Elevate your team and empower your career with 9:30-5pm contemporary techniques for high performance in ABW, WFH and Virtual Environments!

GROWING INNOVATION

UNDERSTAND AND GROW THE SOCIAL AND COGNITIVE INGREDIENTS

The world is experiencing a rate of change never seen before and innovation and flexibility are core skills. This program will elevate your leadership skills and equip you to 'grow innovation' personally and within your team!

WWW.PUNKPa.com.au

CONSCIOUS INTERACTIONS

DEVELOPING WINNING WORKPLACE RELATIONSHIPS

15 May 9 October 9:30-5pm

Conscious Interactions is designed to give you the critical interpersonal and professional edge! Radically enhance your capacity to understand the invisible experience of human engagement and relationships.

STEPPING UP

BECOMING A MANAGER OR SUPERVISOR

You've been promoted because you're awesome at your job. Managing people requires a whole new skill set. Develop tools to move from operational expert to people leader supreme!

8 April 14 August 20 November 9:30-5pm

THE MECHANICS OF CULTURE UUNDERSTANDING THE INVISIBLE ELEMENTS

Through an incredibly insightful and illuminating lens, unpack and identify the invisible elements that powerfully create workplace culture. Discover how to influence, lead and shape change.

STRATEGIC WELLBEING

UNDERSTANDING AND AMPLIFYING WELLBEING

Enjoy this science-based, no-nonsense approach to building and maintaining physical, mental, social

22 May

and emotional wellbeing.

9:30-5pm INSIGHT

UNDERSTANDING CONSCIOUS AND UNCONSCIOUS BIAS

3 April 25 September 9:30-1pm

19 June

9:30-5pm

11 September

We have lenses that slant our view of the world and they powerfully shape what we see and experience. Come and gain transformative insight...if you dare

THE ABILITY IN DISABILITY

RESHAPING DISABILITY AWARENESS

Learn more about humans, unpack 'disability' 17 July from multiple perspectives (and undo all the social constructs we've been raised on) and gain 9:30-5pm tips build a truly inclusive team.

RED IN PRACTICE & THE MASTERFUL REDCO THE RESPECT, EQUITY AND DIVERSITY FRAMEWORK

20 March & 4 September

9:30-1pm

REDCO 7 August 9:30-5pm

PunkPD specialises in a niche delivery of both RED programs to include a real-life focus on application.

We inject fun, humanity and realism into the framework

EMPOWERING PDP'S

TRANSFORM PROCESS TO POWERFUL

Take the lead on your own career development or transform the PDP process into meaningful conversations that excite, motivate and engage your team!

3 April 9:30-5pm

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